

Donating to our appeal will help us to support more people like Olleen and Pravin



Olleen is a 92-year-old widow who lives alone. She is visually impaired and also has limited mobility. Since the first Covid-19 lockdown, Olleen has been housebound. Unable to see her friends or go to church, she felt very isolated and lonely, becoming quite anxious and worried at times.

Olleen receives regular befriending phone calls and doorstep visits to keep her connected to her community and to have someone to chat to. We gave her a Bag of Support and little treats such as cake and biscuits to lift her spirits.

We also provided Olleen with a meal and a present at Christmas as we knew she would be spending it alone.

She was so thrilled to receive this and said it made her day. She says: "The weekly check in is reassuring and gives me something to look forward to. I'm so thankful for the support I've received."

Pravin is a widower in his 70's. He was feeling isolated and lonely following the loss of his wife and was referred to us for support.

During the pandemic, we supported Pravin by making regular telephone calls and doorstep visits as well as providing him with Connect Magazine and other activities to keep him busy. This helped him to cope with lockdown and the long months of isolation.

"Age UK has supported me practically and emotionally over the last few years..." Pravin says.

"I had been feeling so lonely and low – having this support really helped me through a very challenging period of my life."



Help us support local older people to Keep Connected this Winter by donating whatever you can to our appeal. Thank you.